## **Food For Thought**

(WHO AM I)

Who am I is the question I ask myself

Am I the free spirited, giving person I claim to be

Am I the person God intended me to be

Who is the man in the mirror I see

Am I the man that committed the crime and others

Swore, no it couldn't be

Am I the incorrigible man the courts call me

As I sit in this self-created hell they call a cell

I gaze out the three inch window where there is not much to see, yet I find myself in a daze

Trying to get another glimpse of the mountain that's so far away but feels so close.

The snow that covers its peak always seems to excite me

Just as I begin to smile and drift away,

There's a noise that brings back to reality

And again, I ask myself, who am I

How did I get here, is this a dream or did I

really create such a travesty,

if this is real, where do I go from here.

How do I change the image I see, who else can I be

Can I really rewrite my script, after all I am the star in this

the middle aged man in pursuit of a degree, a husband, a father,

a brother, a citizen soon to be, Yep, Absolutely that's who I am

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By:

Mr, Lou Crosby